

Race 2 Veteran Men O 60

| Pos | Bib | Name | Row | Bike | Run | Result | Margin |
|-----|-----|-------------------|----------|------------|----------|------------|----------|
| 1 | 43 | Anthony LAW | 18:50.16 | 51:13.07 | 37:25.72 | 1:47:28.95 | 0 |
| 2 | 41 | Brian WILLIAMS | 18:33.32 | 52:12.26 | 41:40.68 | 1:52:26.26 | 4:57.31 |
| 3 | 46 | David BRODIE | 18:07.31 | 59:46.64 | 38:01.49 | 1:55:55.43 | 8:26.48 |
| 4 | 45 | Christopher WAUGH | 19:16.43 | 1:04:26.83 | 52:37.71 | 2:16:20.97 | 28:52.02 |

Race 3 Veteran Men O 50

| Pos | Bib | Name | Row | Bike | Run | Result | Margin |
|-----|-----|--------------------|----------|------------|----------|------------|----------|
| 1 | 60 | John BOOTH | 16:37.03 | 49:29.13 | 34:48.10 | 1:40:54.26 | 0 |
| 2 | 67 | Les LEPPER | 18:30.10 | 51:41.77 | 33:16.84 | 1:43:28.70 | 2:34.44 |
| 3 | 69 | John CARR | 17:55.04 | 53:03.08 | 34:11.63 | 1:45:09.75 | 4:15.49 |
| 4 | 62 | Dave WALKER | 17:23.15 | 52:16.08 | 37:16.95 | 1:46:56.17 | 6:01.91 |
| 5 | 65 | Graham GATE | 18:10.40 | 51:52.67 | 39:37.76 | 1:49:40.84 | 8:46.58 |
| 6 | 68 | Paul HOPKINS | 17:31.37 | 57:19.79 | 36:51.26 | 1:51:42.41 | 10:48.15 |
| 7 | 42 | Raymond SWORDY | 17:56.47 | 56:00.00 | 38:01.86 | 1:51:58.33 | 11:04.07 |
| 8 | 70 | John LUSTY | 17:29.71 | 57:17.00 | 38:51.49 | 1:53:38.20 | 12:43.94 |
| 9 | 66 | Andrew HUG | 17:52.55 | 55:54.16 | 41:39.02 | 1:55:25.73 | 14:31.47 |
| 10 | 88 | Charlie BEAUMONT | 17:40.92 | 57:55.85 | 40:05.28 | 1:55:42.05 | 14:47.79 |
| 11 | 89 | Richard BUCKERIDGE | 17:44.27 | 57:53.21 | 40:04.95 | 1:55:42.43 | 14:48.17 |
| 12 | 49 | Mark HOPPER | 17:50.61 | 58:09.32 | 41:10.01 | 1:57:09.95 | 16:15.69 |
| 13 | 47 | Simon DIEGAN | 20:19.50 | 58:12.12 | 43:21.94 | 2:01:53.57 | 20:59.31 |
| 14 | 61 | Fred INGATE | 18:35.31 | 59:41.75 | 46:54.47 | 2:05:11.53 | 24:17.27 |
| 15 | 58 | Mike O REILLY | 18:05.47 | 1:14:39.29 | 45:57.05 | 2:18:41.81 | 37:47.55 |

Race 4 Veteran Men O 40

| Pos | Bib | Name | Row | Bike | Run | Result | Margin |
|-----|-----|-------------------|----------|----------|----------|------------|----------|
| 1 | 159 | Christopher HEAPE | 15:50.43 | 42:26.68 | 28:48.62 | 1:27:05.72 | 0 |
| 2 | 175 | Nik FLEMING | 14:48.01 | 44:27.72 | 34:23.05 | 1:33:38.78 | 6:33.06 |
| 3 | 52 | Richard POWELL | 15:36.40 | 47:12.15 | 32:32.21 | 1:35:20.76 | 8:15.04 |
| 4 | 162 | Rob BROCKWELL | 16:23.73 | 47:05.87 | 34:21.26 | 1:37:50.86 | 10:45.14 |
| 5 | 160 | Trev WHITE | 15:53.39 | 51:10.51 | 32:35.48 | 1:39:39.37 | 12:33.65 |
| 6 | 167 | Andy PEEL | 17:01.59 | 49:28.63 | 35:03.58 | 1:41:33.80 | 14:28.08 |
| 7 | 135 | Craig ORR | 17:47.88 | 50:37.66 | 34:07.44 | 1:42:32.98 | 15:27.26 |
| 8 | 186 | John GEARING | 16:24.18 | 51:52.73 | 34:28.25 | 1:42:45.16 | 15:39.44 |
| 9 | 141 | Simon DEANE-JOHNS | 16:40.56 | 50:20.48 | 35:49.24 | 1:42:50.28 | 15:44.56 |
| 10 | 165 | Simon HUNTLEY | 17:15.24 | 51:41.51 | 34:24.08 | 1:43:20.83 | 16:15.11 |
| 11 | 184 | Michael HOMA | 16:45.37 | 51:17.55 | 37:05.22 | 1:45:08.14 | 18:02.42 |
| 12 | 147 | Greg WHYTE | 15:53.63 | 53:00.63 | 36:41.07 | 1:45:35.32 | 18:29.60 |
| 13 | 153 | John BARTLETT | 16:09.31 | 54:06.06 | 36:04.75 | 1:46:20.11 | 19:14.39 |
| 14 | 183 | Peter HOMA | 18:05.91 | 50:54.80 | 37:53.45 | 1:46:54.17 | 19:48.45 |
| 15 | 138 | Nick ROGERS-DIXON | 18:25.28 | 53:40.82 | 34:56.59 | 1:47:02.69 | 19:56.97 |
| 16 | 48 | Bill JAMES | | | 39:45.92 | 1:47:16.31 | 20:10.59 |
| 17 | 4 | Mark WILSON | 16:32.96 | 51:54.73 | 39:23.73 | 1:47:51.43 | 20:45.71 |
| 18 | 181 | Simon ALDOUS | 18:00.06 | 52:03.08 | 38:00.99 | 1:48:04.12 | 20:58.40 |
| 19 | 124 | Charles TUKE | 16:49.78 | 51:45.08 | 40:06.24 | 1:48:41.10 | 21:35.38 |
| 20 | 139 | Mike PARKES | 19:03.58 | 51:31.90 | 38:18.13 | 1:48:53.61 | 21:47.89 |
| 21 | 150 | Nick CATER | 17:33.79 | 58:01.68 | 34:19.43 | 1:49:54.90 | 22:49.18 |
| 22 | 168 | Damian EUSTACE | 17:48.61 | 53:44.60 | 38:23.51 | 1:49:56.72 | 22:51.00 |
| 23 | 117 | David SHORT | 17:30.27 | | | 1:50:53.64 | 23:47.92 |
| 24 | 128 | Gary BOWERS | 19:20.70 | 55:37.69 | 36:03.99 | 1:51:02.38 | 23:56.66 |
| 25 | 127 | Steve WEBB | 18:02.65 | 53:02.46 | 40:01.18 | 1:51:06.29 | 24:00.57 |
| 26 | 188 | Tim GROVER | 18:14.04 | 53:55.36 | 39:02.00 | 1:51:11.39 | 24:05.67 |
| 27 | 136 | Gary DOWNEY | 18:00.94 | 56:20.54 | 38:23.88 | 1:52:45.36 | 25:39.64 |
| 28 | 156 | Paul MULLAN | 17:13.98 | 59:48.37 | 36:27.29 | 1:53:29.63 | 26:23.91 |

| | | | | | | |
|----|-----------------------|----------|------------|----------|------------|----------|
| 29 | 118 Bill CARTER | 16:48.81 | 1:01:25.48 | 35:40.65 | 1:53:54.94 | 26:49.22 |
| 30 | 179 Peter KELLY | 17:39.18 | 54:57.20 | 41:35.22 | 1:54:11.60 | 27:05.88 |
| 31 | 155 Stuart BLAKE | 18:04.05 | 57:30.45 | 39:49.65 | 1:55:24.15 | 28:18.43 |
| 32 | 59 Tim OLDHAM | 19:17.17 | 55:58.31 | 40:23.57 | 1:55:39.05 | 28:33.33 |
| 33 | 170 Nick SHAW | 18:10.28 | 59:29.96 | 38:02.34 | 1:55:42.57 | 28:36.85 |
| 34 | 173 Stuart HARVEY | 17:06.25 | 55:19.40 | 43:52.71 | 1:56:18.35 | 29:12.63 |
| 35 | 149 James CLEGG | 17:35.11 | 58:01.69 | 40:46.13 | 1:56:22.93 | 29:17.21 |
| 36 | 161 Andrew SMITH | 18:17.07 | 1:00:26.94 | 37:47.01 | 1:56:31.01 | 29:25.29 |
| 37 | 137 John KEOHANE | 18:17.36 | 52:08.80 | 46:15.82 | 1:56:41.98 | 29:36.26 |
| 38 | 178 Ray BARRETT | 17:17.13 | 55:57.11 | 43:40.71 | 1:56:54.94 | 29:49.22 |
| 39 | 172 Tony MUMFORD | 18:36.58 | 58:04.63 | 40:32.25 | 1:57:13.46 | 30:07.74 |
| 40 | 30 Bruce HOOD | 16:36.38 | 55:03.39 | 45:38.99 | 1:57:18.76 | 30:13.04 |
| 41 | 53 Graeme DEWART | 18:25.52 | 56:46.67 | 42:14.66 | 1:57:26.84 | 30:21.12 |
| 42 | 121 Lukas WEBB | 18:02.73 | 56:13.13 | 43:15.14 | 1:57:31.00 | 30:25.28 |
| 43 | 119 Andrew CHAPLIN | 18:43.18 | 58:38.22 | 41:42.82 | 1:59:04.21 | 31:58.49 |
| 44 | 129 Charlie SABEL | 18:22.81 | 1:01:42.47 | 39:21.77 | 1:59:27.04 | 32:21.32 |
| 45 | 148 Steve O KELLY | 18:34.27 | 1:00:52.69 | 40:14.02 | 1:59:40.98 | 32:35.26 |
| 46 | 131 David WELSH | 17:28.03 | 59:27.86 | 42:58.03 | 1:59:53.93 | 32:48.21 |
| 47 | 120 Colin EDWARDS | 18:48.97 | 56:41.15 | 45:40.60 | 2:01:10.72 | 34:05.00 |
| 48 | 145 Brian WALKER | 19:18.39 | 59:24.82 | 43:07.80 | 2:01:51.00 | 34:45.28 |
| 49 | 143 Andy ATKINS-SMITH | 17:44.76 | 1:02:08.64 | 42:02.64 | 2:01:56.04 | 34:50.32 |
| 50 | 123 Jonathan POSNER | 18:56.48 | 1:01:58.47 | 41:55.48 | 2:02:50.43 | 35:44.71 |
| 51 | 169 Anthony ZACHAREK | 18:33.37 | 1:02:07.76 | 44:28.12 | 2:05:09.26 | 38:03.54 |
| 52 | 185 David BUCHANAN | 19:07.25 | 58:49.43 | 50:36.27 | 2:08:32.95 | 41:27.23 |
| 53 | 126 Mike QUINN | 18:16.35 | 56:43.35 | 54:40.31 | 2:09:40.01 | 42:34.29 |
| 54 | 51 Nick RYAN | 16:56.47 | 1:18:21.52 | 34:34.55 | 2:09:52.53 | 42:46.81 |
| 55 | 134 Steven GARRATT | 20:44.22 | 58:55.19 | 50:46.71 | 2:10:26.12 | 43:20.40 |
| 56 | 157 Kevan JONES | 17:32.56 | 1:09:39.79 | 43:55.03 | 2:11:07.38 | 44:01.66 |
| 57 | 142 Kevin FRENCH | 18:21.38 | 1:10:48.39 | 42:57.53 | 2:12:07.30 | 45:01.58 |
| 58 | 166 Guy LLOYD | 18:04.70 | 1:04:21.47 | 49:41.42 | 2:12:07.59 | 45:01.87 |
| 59 | 180 Gurpal PANESAR | 21:29.22 | 1:01:05.27 | 50:03.04 | 2:12:37.54 | 45:31.82 |
| 60 | 122 Innes STEWART | 18:10.34 | 1:05:05.74 | 50:18.53 | 2:13:34.61 | 46:28.89 |
| 61 | 133 Nick BROWN | 17:46.98 | 1:18:26.37 | 37:58.45 | 2:14:11.79 | 47:06.07 |
| 62 | 190 Peter COE | 19:02.69 | 1:11:51.12 | 44:45.77 | 2:15:39.58 | 48:33.86 |
| 63 | 50 Paul HOLMES | 18:08.92 | 1:20:09.23 | 41:30.93 | 2:19:49.08 | 52:43.36 |
| 64 | 164 Chris CLEERE | 17:58.64 | 1:27:11.95 | 39:45.50 | 2:24:56.09 | 57:50.37 |
| | 140 Mike EVERINGTON | 16:37.91 | Retired | | Retired | |
| | 182 Andy SPILLER | 17:40.62 | Retired | | Retired | |

Race 5 Veteran Men O 30

| Pos | Bib | Name | Row | Bike | Run | Result | Margin |
|-----|-----|-------------------|----------|------------|----------|------------|----------|
| 1 | 233 | Lee RANKIN | 15:16.19 | 41:15.28 | 26:57.77 | 1:23:29.24 | 0 |
| 2 | 1 | James CRACKNELL | 14:12.74 | 43:33.25 | 30:33.67 | 1:28:19.67 | 4:50.43 |
| 3 | 218 | James HART | 14:59.21 | 43:42.65 | 30:49.62 | 1:29:31.48 | 6:02.24 |
| 4 | 199 | Antony DODSON | | | 30:02.65 | 1:30:19.21 | 6:49.97 |
| 5 | 243 | Paul ELCOCK | 16:35.47 | 42:56.10 | 31:30.59 | 1:31:02.16 | 7:32.92 |
| 6 | 297 | Noah KNOCK | 15:53.78 | 46:23.81 | 28:49.46 | 1:31:07.04 | 7:37.80 |
| 7 | 40 | Ian LOADES | 16:10.34 | | | 1:32:11.10 | 8:41.86 |
| 8 | 204 | Dan MARETT | 15:28.27 | 46:41.89 | 30:47.81 | 1:32:57.98 | 9:28.74 |
| 9 | 231 | Giles CHALK | 16:25.59 | 45:57.42 | 31:44.77 | 1:34:07.79 | 10:38.55 |
| 10 | 220 | George EYLES | 16:30.88 | 46:24.04 | 31:36.84 | 1:34:31.76 | 11:02.52 |
| 11 | 234 | Simon DAWSON | 16:26.03 | 46:15.32 | 33:01.20 | 1:35:42.55 | 12:13.31 |
| 12 | 209 | Edward HILLYARD | 16:05.49 | 49:00.45 | 31:45.66 | 1:36:51.60 | 13:22.36 |
| 13 | 6 | Neil PICKFORD | 16:06.67 | 48:09.42 | 32:44.34 | 1:37:00.44 | 13:31.20 |
| 14 | 221 | Ben REDMAN | 16:08.64 | 48:25.98 | 32:27.19 | 1:37:01.82 | 13:32.58 |
| 15 | 244 | Nick HARRISON | 18:29.47 | 46:52.38 | 31:45.12 | 1:37:06.97 | 13:37.73 |
| 16 | 197 | Ben COLLINS | 16:34.44 | 48:10.41 | 32:31.28 | 1:37:16.13 | 13:46.89 |
| 17 | 191 | Jules BARDWELL | 16:09.71 | 50:14.55 | 30:53.02 | 1:37:17.28 | 13:48.04 |
| 18 | 5 | Nick BATES | 15:23.71 | 51:13.25 | 32:36.51 | 1:39:13.47 | 15:44.23 |
| 19 | 19 | Michael FRENCH | 16:03.98 | 50:47.77 | 33:09.04 | 1:40:00.79 | 16:31.55 |
| 20 | 219 | Chris HARRISON | 16:31.58 | 47:00.67 | 36:33.65 | 1:40:05.89 | 16:36.65 |
| 21 | 245 | Andy THOMAS | 16:39.12 | 50:04.90 | 33:27.74 | 1:40:11.76 | 16:42.52 |
| 22 | 235 | Charlie FISHER | 17:31.36 | 49:15.16 | 37:04.56 | 1:43:51.08 | 20:21.84 |
| 23 | 230 | Marc CROSBY | 17:51.41 | 51:39.04 | 34:46.37 | 1:44:16.82 | 20:47.58 |
| 24 | 228 | Mark GARRETT | 17:15.90 | 50:09.52 | 37:40.80 | 1:45:06.22 | 21:36.98 |
| 25 | 207 | Paul HILL | 16:30.60 | 50:06.84 | 39:13.45 | 1:45:50.89 | 22:21.65 |
| 26 | 214 | Geoff SOUTHAM | 17:07.99 | 52:42.86 | 36:01.70 | 1:45:52.55 | 22:23.31 |
| 27 | 215 | Stuart BAKER | 17:12.88 | 53:05.05 | 36:46.34 | 1:47:04.27 | 23:35.03 |
| 28 | 248 | John SPOONER | 17:58.39 | 53:53.52 | 35:19.97 | 1:47:11.88 | 23:42.64 |
| 29 | 203 | Jason MARSHALL | 18:11.93 | 52:49.30 | 36:17.24 | 1:47:18.47 | 23:49.23 |
| 30 | 236 | Tom JAMESON EVANS | 16:11.89 | 53:34.54 | 38:09.24 | 1:47:55.66 | 24:26.42 |
| 31 | 229 | Nick WOOD | 18:00.57 | 54:32.01 | 35:59.46 | 1:48:32.04 | 25:02.80 |
| 32 | 242 | Dan CLARKE | 16:40.62 | 50:02.36 | 41:49.41 | 1:48:32.39 | 25:03.15 |
| 33 | 222 | Robert SMEATON | 17:19.15 | 52:31.72 | 39:06.92 | 1:48:57.79 | 25:28.55 |
| 34 | 177 | Andy GAJRAJ | 16:57.97 | 51:31.84 | 40:55.98 | 1:49:25.79 | 25:56.55 |
| 35 | 198 | Mike REEKIE | 17:41.03 | 51:57.78 | 39:47.71 | 1:49:26.52 | 25:57.28 |
| 36 | 250 | Edward PHILLIPS | 16:22.69 | 57:19.22 | 36:23.62 | 1:50:05.53 | 26:36.29 |
| 37 | 8 | Barry THOMAS | 16:13.17 | 56:06.21 | 38:33.52 | 1:50:52.90 | 27:23.66 |
| 38 | 223 | Andrew WRIGHT | 18:11.46 | 57:44.13 | 35:16.99 | 1:51:12.58 | 27:43.34 |
| 39 | 193 | Paul ALLDAY | 16:34.39 | 49:59.86 | 45:19.42 | 1:51:53.66 | 28:24.42 |
| 40 | 232 | James HAGUE | 17:01.42 | 54:04.11 | 42:05.15 | 1:53:10.69 | 29:41.45 |
| 41 | 208 | John WILLIAMS | 19:48.77 | 1:02:37.81 | 32:35.35 | 1:55:01.93 | 31:32.69 |
| 42 | 249 | Neil JACKSON | 18:11.82 | 54:11.47 | 42:40.89 | 1:55:04.18 | 31:34.94 |
| 43 | 226 | Andrew CALDWELL | 18:48.42 | 58:21.46 | 39:45.69 | 1:56:55.57 | 33:26.33 |
| 44 | 195 | AI O DORNAN | 18:31.63 | 56:29.15 | 42:12.06 | 1:57:12.84 | 33:43.60 |
| 45 | 205 | David SCHOFIELD | 18:21.64 | 57:30.92 | 42:15.00 | 1:58:07.56 | 34:38.32 |
| 46 | 202 | David ROSE | 17:46.56 | 1:02:09.16 | 39:16.74 | 1:59:12.46 | 35:43.22 |
| 47 | 237 | Neil MEARS | 19:30.75 | 58:36.00 | 42:20.34 | 2:00:27.08 | 36:57.84 |
| 48 | 176 | Johnny BRADLEY | 18:57.38 | 56:29.37 | 46:21.81 | 2:01:48.55 | 38:19.31 |
| 49 | 201 | John APPLEYARD | 18:42.17 | 1:01:24.73 | 44:53.37 | 2:05:00.27 | 41:31.03 |
| 50 | 192 | Paul SOLERTI | 16:47.36 | 59:12.64 | 49:50.99 | 2:05:50.99 | 42:21.75 |
| 51 | 211 | Clive BROOME | 17:02.72 | 1:00:51.63 | 48:46.08 | 2:06:40.43 | 43:11.19 |
| 52 | 240 | Jamie GILLESPIE | 19:12.60 | 1:00:14.84 | 48:07.78 | 2:07:35.21 | 44:05.97 |
| 53 | 298 | Martin BLACK | 17:31.03 | 1:06:29.72 | 45:19.81 | 2:09:20.56 | 45:51.32 |

| | | | | | | | |
|----|-----|------------------|----------|------------|----------|------------|----------|
| 54 | 217 | Simon FOSTER | 20:01.12 | 1:03:53.20 | 46:07.19 | 2:10:01.51 | 46:32.27 |
| 55 | 247 | Warren MATTHEWS | 17:15.07 | 1:05:47.95 | 47:48.90 | 2:10:51.93 | 47:22.69 |
| 56 | 39 | Steve CROXFORD | 17:45.35 | 1:08:23.78 | 45:26.83 | 2:11:35.95 | 48:06.71 |
| 57 | 194 | Shaun WEBSTER | 17:39.77 | 1:02:41.06 | 51:49.58 | 2:12:10.40 | 48:41.16 |
| 58 | 239 | Richard POWELL | 17:48.54 | 1:16:51.13 | 39:26.78 | 2:14:06.44 | 50:37.20 |
| 59 | 238 | Joe GILSENAN | 20:25.13 | 59:35.31 | 54:36.22 | 2:14:36.66 | 51:07.42 |
| 60 | 241 | Stewart RADFORD | 17:31.84 | 1:12:19.33 | 46:42.14 | 2:16:33.31 | 53:04.07 |
| | 196 | Duncan PATTERSON | 17:51.56 | Retired | | Retired | |
| | 216 | Shea HINDMAN | 16:09.49 | Retired | | Retired | |

Race 6 Senior Men O 20

| Pos | Bib | Name | Row | Bike | Run | Result | Margin |
|-----|-----|-----------------|----------|------------|----------|------------|----------|
| 1 | 206 | Rob GRIFFITHS | 15:20.61 | 38:50.11 | 27:42.88 | 1:21:53.60 | 0 |
| 2 | 280 | Mark EDWARDS | 15:34.14 | 41:24.52 | 29:58.75 | 1:26:57.42 | 5:03.82 |
| 3 | 276 | Hugh MACKENZIE | 15:30.58 | 43:26.01 | 29:31.11 | 1:28:27.69 | 6:34.09 |
| 4 | 3 | Nick WYATT | 14:56.97 | 46:43.39 | 29:32.82 | 1:31:13.18 | 9:19.58 |
| 5 | 290 | Paul HAMBLETT | 15:36.92 | 46:36.11 | 29:33.77 | 1:31:46.80 | 9:53.20 |
| 6 | 100 | Adam MOORE | 16:58.74 | 46:39.42 | 30:17.50 | 1:33:55.66 | 12:02.06 |
| 7 | 291 | Simon WESTON | 16:30.63 | 47:13.05 | 30:33.82 | 1:34:17.49 | 12:23.89 |
| 8 | 289 | Peter GRAVELL | 16:12.79 | 44:46.04 | 33:56.63 | 1:34:55.46 | 13:01.86 |
| 9 | 283 | Tom STURGESS | 16:39.86 | 43:41.38 | 34:38.25 | 1:34:59.49 | 13:05.89 |
| 10 | 2 | Ed COATS | 15:26.21 | 49:53.20 | 32:19.76 | 1:37:39.17 | 15:45.57 |
| 11 | 273 | Michael GODFREY | 16:36.55 | 49:09.21 | 32:01.90 | 1:37:47.66 | 15:54.06 |
| 12 | 277 | John FRUEN | 16:52.68 | 49:17.47 | 33:50.60 | 1:40:00.75 | 18:07.15 |
| 13 | 7 | Andrew NAYLOR | 15:33.35 | 52:46.37 | 33:49.28 | 1:42:08.99 | 20:15.39 |
| 14 | 284 | Gareth DAWSON | 16:07.24 | 48:21.05 | 39:19.89 | 1:43:48.18 | 21:54.58 |
| 15 | 278 | Ed WHITE | 16:21.14 | 51:20.95 | 37:54.54 | 1:45:36.63 | 23:43.03 |
| 16 | 292 | Seb JOYCE | 17:36.76 | 55:33.29 | 32:58.86 | 1:46:08.90 | 24:15.30 |
| 17 | 281 | Chris CALLOW | 16:45.23 | 55:29.70 | 33:56.89 | 1:46:11.82 | 24:18.22 |
| 18 | 288 | Barnaby SMITH | 17:44.13 | 53:05.08 | 36:42.81 | 1:47:32.01 | 25:38.41 |
| 19 | 286 | David DEARLOVE | 16:28.45 | 54:39.94 | 40:16.18 | 1:51:24.58 | 29:30.98 |
| 20 | 10 | Bart De GROOT | 16:42.34 | 52:20.79 | 45:20.57 | 1:54:23.69 | 32:30.09 |
| 21 | 294 | Tom PICTON | 19:25.60 | 55:15.75 | 44:03.59 | 1:58:44.94 | 36:51.34 |
| 22 | 293 | Chris HENEGHAN | 18:16.50 | 1:01:44.98 | 49:33.47 | 2:09:34.95 | 47:41.35 |

Race 7 Junior Men U 20

| Pos | Bib | Name | Row | Bike | Run | Result | Margin |
|-----|-----|------------------|----------|------------|----------|------------|----------|
| 1 | 254 | Michael NAGI | 15:46.12 | 44:53.15 | 30:02.50 | 1:30:41.77 | 0 |
| 2 | 258 | Toby MOTTRAM | 16:51.20 | 46:16.86 | 32:43.00 | 1:35:51.06 | 5:09.29 |
| 3 | 269 | Fred BOLTON | 16:37.72 | 47:16.69 | 32:22.84 | 1:36:17.25 | 5:35.48 |
| 4 | 260 | Dan CLARKE | 17:23.78 | 48:55.53 | 33:30.59 | 1:39:49.90 | 9:08.13 |
| 5 | 263 | Thomas GEARING | 16:45.33 | 50:07.92 | 35:46.82 | 1:42:40.06 | 11:58.29 |
| 6 | 266 | Harry HILL | 16:36.29 | 50:52.81 | 37:02.11 | 1:44:31.21 | 13:49.44 |
| 7 | 256 | Robin VEALE | 17:20.49 | 53:04.41 | 35:11.63 | 1:45:36.53 | 14:54.76 |
| 8 | 264 | Myles WATKISS | 16:40.90 | 53:07.79 | 35:53.13 | 1:45:41.81 | 15:00.04 |
| 9 | 251 | Joseph HALE | 16:45.75 | 55:24.98 | 33:48.17 | 1:45:58.90 | 15:17.13 |
| 10 | 270 | Henry WILKINSON | 16:22.12 | 56:35.16 | 34:28.60 | 1:47:25.87 | 16:44.10 |
| 11 | 268 | James LUCAS | 16:07.20 | 51:37.04 | 41:48.25 | 1:49:32.49 | 18:50.72 |
| 12 | 265 | Will STOREY | 16:39.93 | 53:04.44 | 42:17.47 | 1:52:01.84 | 21:20.07 |
| 13 | 257 | Jamie COPUS | 17:43.03 | 1:05:28.48 | 41:36.28 | 2:04:47.79 | 34:06.02 |
| 14 | 255 | Callum HAYNES | 21:50.22 | 1:03:57.56 | 43:37.92 | 2:09:25.70 | 38:43.93 |
| 15 | 259 | Rory COPUS | 18:39.15 | 1:04:00.76 | 50:31.23 | 2:13:11.13 | 42:29.36 |
| 16 | 267 | Charlie PALMER | 18:01.27 | 1:05:48.29 | 59:01.07 | 2:22:50.63 | 52:08.86 |
| 17 | 261 | Kristien BLEVINS | | | 59:05.37 | 2:25:37.56 | 54:55.79 |
| | 253 | Nick POLLEN | 16:50.71 | Retired | | Retired | |

Race 8 Veteran Women O 50

| Pos | Bib | Name | Row | Bike | Run | Result | Margin |
|-----|-----|------------------|----------|------------|----------|------------|----------|
| 1 | 21 | Jane FRUEN | 19:06.97 | 54:46.61 | 39:35.94 | 1:53:29.52 | 0 |
| 2 | 23 | Anne RICHARDSON | 20:38.29 | 1:08:42.97 | 49:06.87 | 2:18:28.13 | 24:58.61 |
| 3 | 22 | Deirdre PHILPOTT | 23:40.01 | 1:22:04.90 | 56:30.11 | 2:42:15.02 | 48:45.50 |

Race 9 Veteran Women O 40

| Pos | Bib | Name | Row | Bike | Run | Result | Margin |
|-----|-----|--------------------|----------|------------|------------|------------|----------|
| 1 | 31 | Polly ROGERS-DIXON | 18:15.79 | 52:58.58 | 31:23.52 | 1:42:37.90 | 0 |
| 2 | 33 | Samantha BELL | 17:53.46 | 54:08.04 | 35:22.26 | 1:47:23.76 | 4:45.86 |
| 3 | 35 | Allie PENNANT | 18:40.37 | 57:17.97 | 38:34.93 | 1:54:33.28 | 11:55.38 |
| 4 | 38 | Julia HOPSON | 18:17.48 | 1:02:29.96 | 40:59.73 | 2:01:47.18 | 19:09.28 |
| 5 | 32 | Joy SKIPPER | 18:23.97 | 1:02:53.65 | 41:27.45 | 2:02:45.07 | 20:07.17 |
| 6 | 14 | Ali ELLIOTT | 19:17.39 | 1:02:32.91 | 43:04.05 | 2:04:54.35 | 22:16.45 |
| 7 | 29 | Juliet HOWARD | 19:43.17 | 1:00:43.22 | 44:58.89 | 2:05:25.29 | 22:47.39 |
| 8 | 37 | Lucy GUEST | 20:04.72 | 1:03:44.81 | 42:42.49 | 2:06:32.02 | 23:54.12 |
| 9 | 36 | Kate NEWBERRY | 21:14.93 | 1:08:35.74 | 39:00.55 | 2:08:51.22 | 26:13.32 |
| 10 | 13 | Marjorie ISRAEL | 20:52.80 | 1:05:05.04 | 46:23.19 | 2:12:21.03 | 29:43.13 |
| 11 | 15 | Lesley BAGULEY | 19:16.83 | 1:08:02.19 | 49:33.55 | 2:16:52.56 | 34:14.66 |
| 12 | 28 | Anna INGRAM | 18:42.45 | 1:11:34.40 | 51:04.47 | 2:21:21.32 | 38:43.42 |
| 13 | 25 | Michelle SMITH | 22:37.45 | 1:12:30.33 | 50:07.12 | 2:25:14.90 | 42:37.00 |
| 14 | 26 | Tracey SOUTH | 22:36.26 | 1:19:15.03 | 1:00:12.28 | 2:42:03.57 | 59:25.67 |

Race 10 Veteran Women O 30

| Pos | Bib | Name | Row | Bike | Run | Result | Margin |
|-----|-----|----------------------|----------|------------|----------|------------|----------|
| 1 | 77 | Jo BYRNE | 17:05.66 | 51:45.60 | 37:49.24 | 1:46:40.50 | 0 |
| 2 | 84 | Catherine BISHOP | 16:49.94 | 56:02.61 | 37:15.34 | 1:50:07.89 | 3:27.39 |
| 3 | 76 | Melissa FARMER | 19:19.80 | 55:26.80 | 36:09.15 | 1:50:55.74 | 4:15.24 |
| 4 | 17 | Zoe GUINIVEN | 16:56.96 | 58:12.96 | 37:12.15 | 1:52:22.08 | 5:41.58 |
| 5 | 12 | Eleanore BENNETT | 18:33.98 | 1:00:42.60 | 37:47.31 | 1:57:03.89 | 10:23.39 |
| 6 | 16 | Rebecca STACKHOUSE | 19:08.68 | 1:03:28.20 | 35:42.88 | 1:58:19.75 | 11:39.25 |
| 7 | 74 | Christine PERKINS | 19:18.72 | 58:45.97 | 43:50.45 | 2:01:55.14 | 15:14.64 |
| 8 | 90 | Liz BELTON | 20:23.14 | 1:00:15.60 | 42:43.58 | 2:03:22.31 | 16:41.81 |
| 9 | 87 | Rachel FRANK | 19:50.14 | 1:01:42.52 | 43:17.95 | 2:04:50.60 | 18:10.10 |
| 10 | 85 | Rosemary ELDER | 19:06.95 | 1:02:57.45 | 48:27.25 | 2:10:31.65 | 23:51.15 |
| 11 | 79 | Sarah CASSIE | 20:17.49 | 1:07:50.23 | 44:51.98 | 2:12:59.70 | 26:19.20 |
| 12 | 75 | Janet GARRATT | 20:11.13 | 1:12:10.08 | 46:22.47 | 2:18:43.68 | 32:03.18 |
| 13 | 78 | Debbie KNOTT | 21:53.92 | 1:05:32.91 | 53:13.38 | 2:20:40.21 | 33:59.71 |
| 14 | 73 | Christelle LOMONDAIS | 20:32.37 | 1:14:24.06 | 53:06.22 | 2:28:02.65 | 41:22.15 |

Race 11 Senior Women O 20

| Pos | Bib | Name | Row | Bike | Run | Result | Margin |
|-----|-----|------------------|----------|------------|----------|------------|----------|
| 1 | 95 | Sarah AIREY | 17:52.94 | 53:39.04 | 36:04.60 | 1:47:36.58 | 0 |
| 2 | 20 | Emma TWIGG | 15:43.98 | 55:37.36 | 38:12.00 | 1:49:33.34 | 1:56.76 |
| 3 | 83 | Bernadette WOLFF | 21:29.31 | 58:06.51 | 36:47.33 | 1:56:23.15 | 8:46.57 |
| 4 | 82 | Dani PHILLIPS | 20:33.16 | 57:53.69 | 40:47.26 | 1:59:14.11 | 11:37.53 |
| 5 | 98 | Jenny HARRIS | 18:49.79 | 55:29.31 | 49:45.02 | 2:04:04.12 | 16:27.54 |
| 6 | 96 | Anna GANNEDAHL | 19:04.41 | 1:10:06.54 | 36:05.21 | 2:05:16.15 | 17:39.57 |
| 7 | 93 | Alex BEDINGFIELD | 20:40.46 | 1:07:04.67 | 40:40.87 | 2:08:26.00 | 20:49.42 |
| 8 | 99 | Anna HUMPHREY | 18:58.56 | 1:02:15.67 | 47:45.33 | 2:08:59.56 | 21:22.98 |
| 9 | 18 | Jennifer HAWTIN | 18:55.80 | 1:00:02.57 | 50:24.71 | 2:09:23.08 | 21:46.50 |
| 10 | 94 | Nicola BOBYK | 19:25.19 | 1:00:42.69 | 53:12.73 | 2:13:20.60 | 25:44.02 |

Race 13 Women

| Pos | Bib | Name | Row | Bike | Run | Result | Margin |
|-----|-----|----------------------|----------|------------|------------|------------|----------|
| 1 | 31 | Polly ROGERS-DIXON | 18:15.79 | 52:58.58 | 31:23.52 | 1:42:37.90 | 0 |
| 2 | 77 | Jo BYRNE | 17:05.66 | 51:45.60 | 37:49.24 | 1:46:40.50 | 4:02.60 |
| 3 | 33 | Samantha BELL | 17:53.46 | 54:08.04 | 35:22.26 | 1:47:23.76 | 4:45.86 |
| 4 | 95 | Sarah AIREY | 17:52.94 | 53:39.04 | 36:04.60 | 1:47:36.58 | 4:58.68 |
| 5 | 20 | Emma TWIGG | 15:43.98 | 55:37.36 | 38:12.00 | 1:49:33.34 | 6:55.44 |
| 6 | 84 | Catherine BISHOP | 16:49.94 | 56:02.61 | 37:15.34 | 1:50:07.89 | 7:29.99 |
| 7 | 76 | Melissa FARMER | 19:19.80 | 55:26.80 | 36:09.15 | 1:50:55.74 | 8:17.84 |
| 8 | 17 | Zoe GUINIVEN | 16:56.96 | 58:12.96 | 37:12.15 | 1:52:22.08 | 9:44.18 |
| 9 | 21 | Jane FRUEN | 19:06.97 | 54:46.61 | 39:35.94 | 1:53:29.52 | 10:51.62 |
| 10 | 35 | Allie PENNANT | 18:40.37 | 57:17.97 | 38:34.93 | 1:54:33.28 | 11:55.38 |
| 11 | 83 | Bernadette WOLFF | 21:29.31 | 58:06.51 | 36:47.33 | 1:56:23.15 | 13:45.25 |
| 12 | 12 | Eleanore BENNETT | 18:33.98 | 1:00:42.60 | 37:47.31 | 1:57:03.89 | 14:25.99 |
| 13 | 16 | Rebecca STACKHOUSE | 19:08.68 | 1:03:28.20 | 35:42.88 | 1:58:19.75 | 15:41.85 |
| 14 | 82 | Dani PHILLIPS | 20:33.16 | 57:53.69 | 40:47.26 | 1:59:14.11 | 16:36.21 |
| 15 | 38 | Julia HOPSON | 18:17.48 | 1:02:29.96 | 40:59.73 | 2:01:47.18 | 19:09.28 |
| 16 | 74 | Christine PERKINS | 19:18.72 | 58:45.97 | 43:50.45 | 2:01:55.14 | 19:17.24 |
| 17 | 32 | Joy SKIPPER | 18:23.97 | 1:02:53.65 | 41:27.45 | 2:02:45.07 | 20:07.17 |
| 18 | 90 | Liz BELTON | 20:23.14 | 1:00:15.60 | 42:43.58 | 2:03:22.31 | 20:44.41 |
| 19 | 98 | Jenny HARRIS | 18:49.79 | 55:29.31 | 49:45.02 | 2:04:04.12 | 21:26.22 |
| 20 | 87 | Rachel FRANK | 19:50.14 | 1:01:42.52 | 43:17.95 | 2:04:50.60 | 22:12.70 |
| 21 | 14 | Ali ELLIOTT | 19:17.39 | 1:02:32.91 | 43:04.05 | 2:04:54.35 | 22:16.45 |
| 22 | 96 | Anna GANNEDAHL | 19:04.41 | 1:10:06.54 | 36:05.21 | 2:05:16.15 | 22:38.25 |
| 23 | 29 | Juliet HOWARD | 19:43.17 | 1:00:43.22 | 44:58.89 | 2:05:25.29 | 22:47.39 |
| 24 | 37 | Lucy GUEST | 20:04.72 | 1:03:44.81 | 42:42.49 | 2:06:32.02 | 23:54.12 |
| 25 | 93 | Alex BEDINGFIELD | 20:40.46 | 1:07:04.67 | 40:40.87 | 2:08:26.00 | 25:48.10 |
| 26 | 36 | Kate NEWBERRY | 21:14.93 | 1:08:35.74 | 39:00.55 | 2:08:51.22 | 26:13.32 |
| 27 | 99 | Anna HUMPHREY | 18:58.56 | 1:02:15.67 | 47:45.33 | 2:08:59.56 | 26:21.66 |
| 28 | 18 | Jennifer HAWTIN | 18:55.80 | 1:00:02.57 | 50:24.71 | 2:09:23.08 | 26:45.18 |
| 29 | 85 | Rosemary ELDER | 19:06.95 | 1:02:57.45 | 48:27.25 | 2:10:31.65 | 27:53.75 |
| 30 | 13 | Marjorie ISRAEL | 20:52.80 | 1:05:05.04 | 46:23.19 | 2:12:21.03 | 29:43.13 |
| 31 | 79 | Sarah CASSIE | 20:17.49 | 1:07:50.23 | 44:51.98 | 2:12:59.70 | 30:21.80 |
| 32 | 94 | Nicola BOBYK | 19:25.19 | 1:00:42.69 | 53:12.73 | 2:13:20.60 | 30:42.70 |
| 33 | 15 | Lesley BAGULEY | 19:16.83 | 1:08:02.19 | 49:33.55 | 2:16:52.56 | 34:14.66 |
| 34 | 23 | Anne RICHARDSON | 20:38.29 | 1:08:42.97 | 49:06.87 | 2:18:28.13 | 35:50.23 |
| 35 | 75 | Janet GARRATT | 20:11.13 | 1:12:10.08 | 46:22.47 | 2:18:43.68 | 36:05.78 |
| 36 | 78 | Debbie KNOTT | 21:53.92 | 1:05:32.91 | 53:13.38 | 2:20:40.21 | 38:02.31 |
| 37 | 28 | Anna INGRAM | 18:42.45 | 1:11:34.40 | 51:04.47 | 2:21:21.32 | 38:43.42 |
| 38 | 25 | Michelle SMITH | 22:37.45 | 1:12:30.33 | 50:07.12 | 2:25:14.90 | 42:37.00 |
| 39 | 73 | Christelle LOMONDAIS | 20:32.37 | 1:14:24.06 | 53:06.22 | 2:28:02.65 | 45:24.75 |
| 40 | 26 | Tracey SOUTH | 22:36.26 | 1:19:15.03 | 1:00:12.28 | 2:42:03.57 | 59:25.67 |
| 41 | 22 | Deirdre PHILPOTT | 23:40.01 | 1:22:04.90 | 56:30.11 | 2:42:15.02 | 59:37.12 |

Race 14 Men

| Pos | Bib | Name | Row | Bike | Run | Result | Margin |
|-----|-----|-------------------|----------|----------|----------|------------|----------|
| 1 | 206 | Rob GRIFFITHS | 15:20.61 | 38:50.11 | 27:42.88 | 1:21:53.60 | 0 |
| 2 | 233 | Lee RANKIN | 15:16.19 | 41:15.28 | 26:57.77 | 1:23:29.24 | 1:35.64 |
| 3 | 280 | Mark EDWARDS | 15:34.14 | 41:24.52 | 29:58.75 | 1:26:57.42 | 5:03.82 |
| 4 | 159 | Christoper HEAPE | 15:50.43 | 42:26.68 | 28:48.62 | 1:27:05.72 | 5:12.12 |
| 5 | 1 | James CRACKNELL | 14:12.74 | 43:33.25 | 30:33.67 | 1:28:19.67 | 6:26.07 |
| 6 | 276 | Hugh MACKENZIE | 15:30.58 | 43:26.01 | 29:31.11 | 1:28:27.69 | 6:34.09 |
| 7 | 218 | James HART | 14:59.21 | 43:42.65 | 30:49.62 | 1:29:31.48 | 7:37.88 |
| 8 | 199 | Antony DODSON | | | 30:02.65 | 1:30:19.21 | 8:25.61 |
| 9 | 254 | Michael NAGI | 15:46.12 | 44:53.15 | 30:02.50 | 1:30:41.77 | 8:48.17 |
| 10 | 243 | Paul ELCOCK | 16:35.47 | 42:56.10 | 31:30.59 | 1:31:02.16 | 9:08.56 |
| 11 | 297 | Noah KNOCK | 15:53.78 | 46:23.81 | 28:49.46 | 1:31:07.04 | 9:13.44 |
| 12 | 3 | Nick WYATT | 14:56.97 | 46:43.39 | 29:32.82 | 1:31:13.18 | 9:19.58 |
| 13 | 290 | Paul HAMBLETT | 15:36.92 | 46:36.11 | 29:33.77 | 1:31:46.80 | 9:53.20 |
| 14 | 40 | Ian LOADES | 16:10.34 | | | 1:32:11.10 | 10:17.50 |
| 15 | 204 | Dan MARETT | 15:28.27 | 46:41.89 | 30:47.81 | 1:32:57.98 | 11:04.38 |
| 16 | 175 | Nik FLEMING | 14:48.01 | 44:27.72 | 34:23.05 | 1:33:38.78 | 11:45.18 |
| 17 | 100 | Adam MOORE | 16:58.74 | 46:39.42 | 30:17.50 | 1:33:55.66 | 12:02.06 |
| 18 | 231 | Giles CHALK | 16:25.59 | 45:57.42 | 31:44.77 | 1:34:07.79 | 12:14.19 |
| 19 | 291 | Simon WESTON | 16:30.63 | 47:13.05 | 30:33.82 | 1:34:17.49 | 12:23.89 |
| 20 | 220 | George EYLES | 16:30.88 | 46:24.04 | 31:36.84 | 1:34:31.76 | 12:38.16 |
| 21 | 289 | Peter GRAVELL | 16:12.79 | 44:46.04 | 33:56.63 | 1:34:55.46 | 13:01.86 |
| 22 | 283 | Tom STURGESS | 16:39.86 | 43:41.38 | 34:38.25 | 1:34:59.49 | 13:05.89 |
| 23 | 52 | Richard POWELL | 15:36.40 | 47:12.15 | 32:32.21 | 1:35:20.76 | 13:27.16 |
| 24 | 234 | Simon DAWSON | 16:26.03 | 46:15.32 | 33:01.20 | 1:35:42.55 | 13:48.95 |
| 25 | 258 | Toby MOTTRAM | 16:51.20 | 46:16.86 | 32:43.00 | 1:35:51.06 | 13:57.46 |
| 26 | 269 | Fred BOLTON | 16:37.72 | 47:16.69 | 32:22.84 | 1:36:17.25 | 14:23.65 |
| 27 | 209 | Edward HILLYARD | 16:05.49 | 49:00.45 | 31:45.66 | 1:36:51.60 | 14:58.00 |
| 28 | 6 | Neil PICKFORD | 16:06.67 | 48:09.42 | 32:44.34 | 1:37:00.44 | 15:06.84 |
| 29 | 221 | Ben REDMAN | 16:08.64 | 48:25.98 | 32:27.19 | 1:37:01.82 | 15:08.22 |
| 30 | 244 | Nick HARRISON | 18:29.47 | 46:52.38 | 31:45.12 | 1:37:06.97 | 15:13.37 |
| 31 | 197 | Ben COLLINS | 16:34.44 | 48:10.41 | 32:31.28 | 1:37:16.13 | 15:22.53 |
| 32 | 191 | Jules BARDWELL | 16:09.71 | 50:14.55 | 30:53.02 | 1:37:17.28 | 15:23.68 |
| 33 | 2 | Ed COATS | 15:26.21 | 49:53.20 | 32:19.76 | 1:37:39.17 | 15:45.57 |
| 34 | 273 | Michael GODFREY | 16:36.55 | 49:09.21 | 32:01.90 | 1:37:47.66 | 15:54.06 |
| 35 | 162 | Rob BROCKWELL | 16:23.73 | 47:05.87 | 34:21.26 | 1:37:50.86 | 15:57.26 |
| 36 | 5 | Nick BATES | 15:23.71 | 51:13.25 | 32:36.51 | 1:39:13.47 | 17:19.87 |
| 37 | 160 | Trev WHITE | 15:53.39 | 51:10.51 | 32:35.48 | 1:39:39.37 | 17:45.77 |
| 38 | 260 | Dan CLARKE | 17:23.78 | 48:55.53 | 33:30.59 | 1:39:49.90 | 17:56.30 |
| 39 | 277 | John FRUEN | 16:52.68 | 49:17.47 | 33:50.60 | 1:40:00.75 | 18:07.15 |
| 40 | 19 | Michael FRENCH | 16:03.98 | 50:47.77 | 33:09.04 | 1:40:00.79 | 18:07.19 |
| 41 | 219 | Chris HARRISON | 16:31.58 | 47:00.67 | 36:33.65 | 1:40:05.89 | 18:12.29 |
| 42 | 245 | Andy THOMAS | 16:39.12 | 50:04.90 | 33:27.74 | 1:40:11.76 | 18:18.16 |
| 43 | 60 | John BOOTH | 16:37.03 | 49:29.13 | 34:48.10 | 1:40:54.26 | 19:00.66 |
| 44 | 167 | Andy PEEL | 17:01.59 | 49:28.63 | 35:03.58 | 1:41:33.80 | 19:40.20 |
| 45 | 7 | Andrew NAYLOR | 15:33.35 | 52:46.37 | 33:49.28 | 1:42:08.99 | 20:15.39 |
| 46 | 135 | Craig ORR | 17:47.88 | 50:37.66 | 34:07.44 | 1:42:32.98 | 20:39.38 |
| 47 | 263 | Thomas GEARING | 16:45.33 | 50:07.92 | 35:46.82 | 1:42:40.06 | 20:46.46 |
| 48 | 186 | John GEARING | 16:24.18 | 51:52.73 | 34:28.25 | 1:42:45.16 | 20:51.56 |
| 49 | 141 | Simon DEANE-JOHNS | 16:40.56 | 50:20.48 | 35:49.24 | 1:42:50.28 | 20:56.68 |
| 50 | 165 | Simon HUNTLEY | 17:15.24 | 51:41.51 | 34:24.08 | 1:43:20.83 | 21:27.23 |
| 51 | 67 | Les LEPPER | 18:30.10 | 51:41.77 | 33:16.84 | 1:43:28.70 | 21:35.10 |
| 52 | 284 | Gareth DAWSON | 16:07.24 | 48:21.05 | 39:19.89 | 1:43:48.18 | 21:54.58 |
| 53 | 235 | Charlie FISHER | 17:31.36 | 49:15.16 | 37:04.56 | 1:43:51.08 | 21:57.48 |

| | | | | | | |
|-----|-----------------------|----------|----------|----------|------------|----------|
| 54 | 230 Marc CROSBY | 17:51.41 | 51:39.04 | 34:46.37 | 1:44:16.82 | 22:23.22 |
| 55 | 266 Harry HILL | 16:36.29 | 50:52.81 | 37:02.11 | 1:44:31.21 | 22:37.61 |
| 56 | 228 Mark GARRETT | 17:15.90 | 50:09.52 | 37:40.80 | 1:45:06.22 | 23:12.62 |
| 57 | 184 Michael HOMA | 16:45.37 | 51:17.55 | 37:05.22 | 1:45:08.14 | 23:14.54 |
| 58 | 69 John CARR | 17:55.04 | 53:03.08 | 34:11.63 | 1:45:09.75 | 23:16.15 |
| 59 | 147 Greg WHYTE | 15:53.63 | 53:00.63 | 36:41.07 | 1:45:35.32 | 23:41.72 |
| 60 | 256 Robin VEALE | 17:20.49 | 53:04.41 | 35:11.63 | 1:45:36.53 | 23:42.93 |
| 61 | 278 Ed WHITE | 16:21.14 | 51:20.95 | 37:54.54 | 1:45:36.63 | 23:43.03 |
| 62 | 264 Myles WATKISS | 16:40.90 | 53:07.79 | 35:53.13 | 1:45:41.81 | 23:48.21 |
| 63 | 207 Paul HILL | 16:30.60 | 50:06.84 | 39:13.45 | 1:45:50.89 | 23:57.29 |
| 64 | 214 Geoff SOUTHAM | 17:07.99 | 52:42.86 | 36:01.70 | 1:45:52.55 | 23:58.95 |
| 65 | 251 Joseph HALE | 16:45.75 | 55:24.98 | 33:48.17 | 1:45:58.90 | 24:05.30 |
| 66 | 292 Seb JOYCE | 17:36.76 | 55:33.29 | 32:58.86 | 1:46:08.90 | 24:15.30 |
| 67 | 281 Chris CALLOW | 16:45.23 | 55:29.70 | 33:56.89 | 1:46:11.82 | 24:18.22 |
| 68 | 153 John BARTLETT | 16:09.31 | 54:06.06 | 36:04.75 | 1:46:20.11 | 24:26.51 |
| 69 | 183 Peter HOMA | 18:05.91 | 50:54.80 | 37:53.45 | 1:46:54.17 | 25:00.57 |
| 70 | 62 Dave WALKER | 17:23.15 | 52:16.08 | 37:16.95 | 1:46:56.17 | 25:02.57 |
| 71 | 138 Nick ROGERS-DIXON | 18:25.28 | 53:40.82 | 34:56.59 | 1:47:02.69 | 25:09.09 |
| 72 | 215 Stuart BAKER | 17:12.88 | 53:05.05 | 36:46.34 | 1:47:04.27 | 25:10.67 |
| 73 | 248 John SPOONER | 17:58.39 | 53:53.52 | 35:19.97 | 1:47:11.88 | 25:18.28 |
| 74 | 48 Bill JAMES | | | 39:45.92 | 1:47:16.31 | 25:22.71 |
| 75 | 203 Jason MARSHALL | 18:11.93 | 52:49.30 | 36:17.24 | 1:47:18.47 | 25:24.87 |
| 76 | 270 Henry WILKINSON | 16:22.12 | 56:35.16 | 34:28.60 | 1:47:25.87 | 25:32.27 |
| 77 | 43 Anthony LAW | 18:50.16 | 51:13.07 | 37:25.72 | 1:47:28.95 | 25:35.35 |
| 78 | 288 Barnaby SMITH | 17:44.13 | 53:05.08 | 36:42.81 | 1:47:32.01 | 25:38.41 |
| 79 | 4 Mark WILSON | 16:32.96 | 51:54.73 | 39:23.73 | 1:47:51.43 | 25:57.83 |
| 80 | 236 Tom JAMESON EVANS | 16:11.89 | 53:34.54 | 38:09.24 | 1:47:55.66 | 26:02.06 |
| 81 | 181 Simon ALDOUS | 18:00.06 | 52:03.08 | 38:00.99 | 1:48:04.12 | 26:10.52 |
| 82 | 229 Nick WOOD | 18:00.57 | 54:32.01 | 35:59.46 | 1:48:32.04 | 26:38.44 |
| 83 | 242 Dan CLARKE | 16:40.62 | 50:02.36 | 41:49.41 | 1:48:32.39 | 26:38.79 |
| 84 | 124 Charles TUKE | 16:49.78 | 51:45.08 | 40:06.24 | 1:48:41.10 | 26:47.50 |
| 85 | 139 Mike PARKES | 19:03.58 | 51:31.90 | 38:18.13 | 1:48:53.61 | 27:00.01 |
| 86 | 222 Robert SMEATON | 17:19.15 | 52:31.72 | 39:06.92 | 1:48:57.79 | 27:04.19 |
| 87 | 177 Andy GAJRAJ | 16:57.97 | 51:31.84 | 40:55.98 | 1:49:25.79 | 27:32.19 |
| 88 | 198 Mike REEKIE | 17:41.03 | 51:57.78 | 39:47.71 | 1:49:26.52 | 27:32.92 |
| 89 | 268 James LUCAS | 16:07.20 | 51:37.04 | 41:48.25 | 1:49:32.49 | 27:38.89 |
| 90 | 65 Graham GATE | 18:10.40 | 51:52.67 | 39:37.76 | 1:49:40.84 | 27:47.24 |
| 91 | 150 Nick CATER | 17:33.79 | 58:01.68 | 34:19.43 | 1:49:54.90 | 28:01.30 |
| 92 | 168 Damian EUSTACE | 17:48.61 | 53:44.60 | 38:23.51 | 1:49:56.72 | 28:03.12 |
| 93 | 250 Edward PHILLIPS | 16:22.69 | 57:19.22 | 36:23.62 | 1:50:05.53 | 28:11.93 |
| 94 | 8 Barry THOMAS | 16:13.17 | 56:06.21 | 38:33.52 | 1:50:52.90 | 28:59.30 |
| 95 | 117 David SHORT | 17:30.27 | | | 1:50:53.64 | 29:00.04 |
| 96 | 128 Gary BOWERS | 19:20.70 | 55:37.69 | 36:03.99 | 1:51:02.38 | 29:08.78 |
| 97 | 127 Steve WEBB | 18:02.65 | 53:02.46 | 40:01.18 | 1:51:06.29 | 29:12.69 |
| 98 | 188 Tim GROVER | 18:14.04 | 53:55.36 | 39:02.00 | 1:51:11.39 | 29:17.79 |
| 99 | 223 Andrew WRIGHT | 18:11.46 | 57:44.13 | 35:16.99 | 1:51:12.58 | 29:18.98 |
| 100 | 286 David DEARLOVE | 16:28.45 | 54:39.94 | 40:16.18 | 1:51:24.58 | 29:30.98 |
| 101 | 68 Paul HOPKINS | 17:31.37 | 57:19.79 | 36:51.26 | 1:51:42.41 | 29:48.81 |
| 102 | 193 Paul ALLDAY | 16:34.39 | 49:59.86 | 45:19.42 | 1:51:53.66 | 30:00.06 |
| 103 | 42 Raymond SWORDY | 17:56.47 | 56:00.00 | 38:01.86 | 1:51:58.33 | 30:04.73 |
| 104 | 265 Will STOREY | 16:39.93 | 53:04.44 | 42:17.47 | 1:52:01.84 | 30:08.24 |
| 105 | 41 Brian WILLIAMS | 18:33.32 | 52:12.26 | 41:40.68 | 1:52:26.26 | 30:32.66 |
| 106 | 136 Gary DOWNEY | 18:00.94 | 56:20.54 | 38:23.88 | 1:52:45.36 | 30:51.76 |
| 107 | 232 James HAGUE | 17:01.42 | 54:04.11 | 42:05.15 | 1:53:10.69 | 31:17.09 |
| 108 | 156 Paul MULLAN | 17:13.98 | 59:48.37 | 36:27.29 | 1:53:29.63 | 31:36.03 |
| 109 | 70 John LUSTY | 17:29.71 | 57:17.00 | 38:51.49 | 1:53:38.20 | 31:44.60 |

| | | | | | | |
|-----|-----------------------|----------|------------|----------|------------|----------|
| 110 | 118 Bill CARTER | 16:48.81 | 1:01:25.48 | 35:40.65 | 1:53:54.94 | 32:01.34 |
| 111 | 179 Peter KELLY | 17:39.18 | 54:57.20 | 41:35.22 | 1:54:11.60 | 32:18.00 |
| 112 | 10 Bart De GROOT | 16:42.34 | 52:20.79 | 45:20.57 | 1:54:23.69 | 32:30.09 |
| 113 | 208 John WILLIAMS | 19:48.77 | 1:02:37.81 | 32:35.35 | 1:55:01.93 | 33:08.33 |
| 114 | 249 Neil JACKSON | 18:11.82 | 54:11.47 | 42:40.89 | 1:55:04.18 | 33:10.58 |
| 115 | 155 Stuart BLAKE | 18:04.05 | 57:30.45 | 39:49.65 | 1:55:24.15 | 33:30.55 |
| 116 | 66 Andrew HUG | 17:52.55 | 55:54.16 | 41:39.02 | 1:55:25.73 | 33:32.13 |
| 117 | 59 Tim OLDHAM | 19:17.17 | 55:58.31 | 40:23.57 | 1:55:39.05 | 33:45.45 |
| 118 | 88 Charlie BEAUMONT | 17:40.92 | 57:55.85 | 40:05.28 | 1:55:42.05 | 33:48.45 |
| 119 | 89 Richard BUCKERIDGE | 17:44.27 | 57:53.21 | 40:04.95 | 1:55:42.43 | 33:48.83 |
| 120 | 170 Nick SHAW | 18:10.28 | 59:29.96 | 38:02.34 | 1:55:42.57 | 33:48.97 |
| 121 | 46 David BRODIE | 18:07.31 | 59:46.64 | 38:01.49 | 1:55:55.43 | 34:01.83 |
| 122 | 173 Stuart HARVEY | 17:06.25 | 55:19.40 | 43:52.71 | 1:56:18.35 | 34:24.75 |
| 123 | 149 James CLEGG | 17:35.11 | 58:01.69 | 40:46.13 | 1:56:22.93 | 34:29.33 |
| 124 | 161 Andrew SMITH | 18:17.07 | 1:00:26.94 | 37:47.01 | 1:56:31.01 | 34:37.41 |
| 125 | 137 John KEOHANE | 18:17.36 | 52:08.80 | 46:15.82 | 1:56:41.98 | 34:48.38 |
| 126 | 178 Ray BARRETT | 17:17.13 | 55:57.11 | 43:40.71 | 1:56:54.94 | 35:01.34 |
| 127 | 226 Andrew CALDWELL | 18:48.42 | 58:21.46 | 39:45.69 | 1:56:55.57 | 35:01.97 |
| 128 | 49 Mark HOPPER | 17:50.61 | 58:09.32 | 41:10.01 | 1:57:09.95 | 35:16.35 |
| 129 | 195 Al O DORNAN | 18:31.63 | 56:29.15 | 42:12.06 | 1:57:12.84 | 35:19.24 |
| 130 | 172 Tony MUMFORD | 18:36.58 | 58:04.63 | 40:32.25 | 1:57:13.46 | 35:19.86 |
| 131 | 30 Bruce HOOD | 16:36.38 | 55:03.39 | 45:38.99 | 1:57:18.76 | 35:25.16 |
| 132 | 53 Graeme DEWART | 18:25.52 | 56:46.67 | 42:14.66 | 1:57:26.84 | 35:33.24 |
| 133 | 121 Lukas WEBB | 18:02.73 | 56:13.13 | 43:15.14 | 1:57:31.00 | 35:37.40 |
| 134 | 205 David SCHOFIELD | 18:21.64 | 57:30.92 | 42:15.00 | 1:58:07.56 | 36:13.96 |
| 135 | 294 Tom PICTON | 19:25.60 | 55:15.75 | 44:03.59 | 1:58:44.94 | 36:51.34 |
| 136 | 119 Andrew CHAPLIN | 18:43.18 | 58:38.22 | 41:42.82 | 1:59:04.21 | 37:10.61 |
| 137 | 202 David ROSE | 17:46.56 | 1:02:09.16 | 39:16.74 | 1:59:12.46 | 37:18.86 |
| 138 | 129 Charlie SABEL | 18:22.81 | 1:01:42.47 | 39:21.77 | 1:59:27.04 | 37:33.44 |
| 139 | 148 Steve O KELLY | 18:34.27 | 1:00:52.69 | 40:14.02 | 1:59:40.98 | 37:47.38 |
| 140 | 131 David WELSH | 17:28.03 | 59:27.86 | 42:58.03 | 1:59:53.93 | 38:00.33 |
| 141 | 237 Neil MEARS | 19:30.75 | 58:36.00 | 42:20.34 | 2:00:27.08 | 38:33.48 |
| 142 | 120 Colin EDWARDS | 18:48.97 | 56:41.15 | 45:40.60 | 2:01:10.72 | 39:17.12 |
| 143 | 176 Johnny BRADLEY | 18:57.38 | 56:29.37 | 46:21.81 | 2:01:48.55 | 39:54.95 |
| 144 | 145 Brian WALKER | 19:18.39 | 59:24.82 | 43:07.80 | 2:01:51.00 | 39:57.40 |
| 145 | 47 Simon DIEGAN | 20:19.50 | 58:12.12 | 43:21.94 | 2:01:53.57 | 39:59.97 |
| 146 | 143 Andy ATKINS-SMITH | 17:44.76 | 1:02:08.64 | 42:02.64 | 2:01:56.04 | 40:02.44 |
| 147 | 123 Jonathan POSNER | 18:56.48 | 1:01:58.47 | 41:55.48 | 2:02:50.43 | 40:56.83 |
| 148 | 257 Jamie COPUS | 17:43.03 | 1:05:28.48 | 41:36.28 | 2:04:47.79 | 42:54.19 |
| 149 | 201 John APPLEYARD | 18:42.17 | 1:01:24.73 | 44:53.37 | 2:05:00.27 | 43:06.67 |
| 150 | 169 Anthony ZACHAREK | 18:33.37 | 1:02:07.76 | 44:28.12 | 2:05:09.26 | 43:15.66 |
| 151 | 61 Fred INGATE | 18:35.31 | 59:41.75 | 46:54.47 | 2:05:11.53 | 43:17.93 |
| 152 | 192 Paul SOLERTI | 16:47.36 | 59:12.64 | 49:50.99 | 2:05:50.99 | 43:57.39 |
| 153 | 211 Clive BROOME | 17:02.72 | 1:00:51.63 | 48:46.08 | 2:06:40.43 | 44:46.83 |
| 154 | 240 Jamie GILLESPIE | 19:12.60 | 1:00:14.84 | 48:07.78 | 2:07:35.21 | 45:41.61 |
| 155 | 185 David BUCHANAN | 19:07.25 | 58:49.43 | 50:36.27 | 2:08:32.95 | 46:39.35 |
| 156 | 298 Martin BLACK | 17:31.03 | 1:06:29.72 | 45:19.81 | 2:09:20.56 | 47:26.96 |
| 157 | 255 Callum HAYNES | 21:50.22 | 1:03:57.56 | 43:37.92 | 2:09:25.70 | 47:32.10 |
| 158 | 293 Chris HENEGHAN | 18:16.50 | 1:01:44.98 | 49:33.47 | 2:09:34.95 | 47:41.35 |
| 159 | 126 Mike QUINN | 18:16.35 | 56:43.35 | 54:40.31 | 2:09:40.01 | 47:46.41 |
| 160 | 51 Nick RYAN | 16:56.47 | 1:18:21.52 | 34:34.55 | 2:09:52.53 | 47:58.93 |
| 161 | 217 Simon FOSTER | 20:01.12 | 1:03:53.20 | 46:07.19 | 2:10:01.51 | 48:07.91 |
| 162 | 134 Steven GARRATT | 20:44.22 | 58:55.19 | 50:46.71 | 2:10:26.12 | 48:32.52 |
| 163 | 247 Warren MATTHEWS | 17:15.07 | 1:05:47.95 | 47:48.90 | 2:10:51.93 | 48:58.33 |
| 164 | 157 Kevan JONES | 17:32.56 | 1:09:39.79 | 43:55.03 | 2:11:07.38 | 49:13.78 |
| 165 | 39 Steve CROXFORD | 17:45.35 | 1:08:23.78 | 45:26.83 | 2:11:35.95 | 49:42.35 |

| | | | | | | | |
|-----|-----|-------------------|----------|------------|----------|------------|------------|
| 166 | 142 | Kevin FRENCH | 18:21.38 | 1:10:48.39 | 42:57.53 | 2:12:07.30 | 50:13.70 |
| 167 | 166 | Guy LLOYD | 18:04.70 | 1:04:21.47 | 49:41.42 | 2:12:07.59 | 50:13.99 |
| 168 | 194 | Shaun WEBSTER | 17:39.77 | 1:02:41.06 | 51:49.58 | 2:12:10.40 | 50:16.80 |
| 169 | 180 | Gurpal PANESAR | 21:29.22 | 1:01:05.27 | 50:03.04 | 2:12:37.54 | 50:43.94 |
| 170 | 259 | Rory COPUS | 18:39.15 | 1:04:00.76 | 50:31.23 | 2:13:11.13 | 51:17.53 |
| 171 | 122 | Innes STEWART | 18:10.34 | 1:05:05.74 | 50:18.53 | 2:13:34.61 | 51:41.01 |
| 172 | 239 | Richard POWELL | 17:48.54 | 1:16:51.13 | 39:26.78 | 2:14:06.44 | 52:12.84 |
| 173 | 133 | Nick BROWN | 17:46.98 | 1:18:26.37 | 37:58.45 | 2:14:11.79 | 52:18.19 |
| 174 | 238 | Joe GILSENAN | 20:25.13 | 59:35.31 | 54:36.22 | 2:14:36.66 | 52:43.06 |
| 175 | 190 | Peter COE | 19:02.69 | 1:11:51.12 | 44:45.77 | 2:15:39.58 | 53:45.98 |
| 176 | 45 | Christopher WAUGH | 19:16.43 | 1:04:26.83 | 52:37.71 | 2:16:20.97 | 54:27.37 |
| 177 | 241 | Stewart RADFORD | 17:31.84 | 1:12:19.33 | 46:42.14 | 2:16:33.31 | 54:39.71 |
| 178 | 58 | Mike O REILLY | 18:05.47 | 1:14:39.29 | 45:57.05 | 2:18:41.81 | 56:48.21 |
| 179 | 50 | Paul HOLMES | 18:08.92 | 1:20:09.23 | 41:30.93 | 2:19:49.08 | 57:55.48 |
| 180 | 267 | Charlie PALMER | 18:01.27 | 1:05:48.29 | 59:01.07 | 2:22:50.63 | 1:00:57.03 |
| 181 | 164 | Chris CLEERE | 17:58.64 | 1:27:11.95 | 39:45.50 | 2:24:56.09 | 1:03:02.49 |
| 182 | 261 | Kristien BLEVINS | | | 59:05.37 | 2:25:37.56 | 1:03:43.96 |
| | 140 | Mike EVERINGTON | 16:37.91 | Retired | | Retired | |
| | 182 | Andy SPILLER | 17:40.62 | Retired | | Retired | |
| | 196 | Duncan PATTERSON | 17:51.56 | Retired | | Retired | |
| | 216 | Shea HINDMAN | 16:09.49 | Retired | | Retired | |
| | 253 | Nick POLLEN | 16:50.71 | Retired | | Retired | |

Race 15 Teams

| Pos | Bib | Name | Row | Bike | Run | Result | Margin |
|-----|-----|-----------------|----------|------------|----------|------------|----------|
| 1 | 111 | Paul EAKINS | 15:17.42 | 43:56.39 | 26:26.03 | 1:25:39.83 | 0 |
| 2 | 107 | Ross THEOBALD | 14:05.88 | 44:15.69 | 30:15.67 | 1:28:37.24 | 2:57.41 |
| 3 | 110 | Sarah BEEVERS | 19:44.86 | 42:52.51 | 31:55.41 | 1:34:32.78 | 8:52.95 |
| 4 | 108 | Peter BREWER | 15:46.15 | 43:19.51 | 36:01.64 | 1:35:07.30 | 9:27.47 |
| 5 | 113 | Johnny BRADLEY | 15:50.23 | 50:11.49 | 29:33.69 | 1:35:35.41 | 9:55.58 |
| 6 | 105 | Steve PARKER | 15:56.49 | 49:03.77 | 34:01.18 | 1:39:01.44 | 13:21.61 |
| 7 | 114 | Trevor SEALY | 16:12.28 | 52:56.54 | 32:46.84 | 1:41:55.66 | 16:15.83 |
| 8 | 109 | Crispin KNILL | 15:35.67 | 50:09.13 | 36:31.32 | 1:42:16.12 | 16:36.29 |
| 9 | 299 | Jenny VIGGERS | 18:04.55 | 52:59.51 | 38:05.37 | 1:49:09.43 | 23:29.60 |
| 10 | 102 | Forbes PIRRIE | 17:05.59 | 53:13.52 | 40:00.18 | 1:50:19.29 | 24:39.46 |
| 11 | 104 | Stuart BRANGWIN | 15:36.90 | 1:01:51.22 | 33:26.18 | 1:50:54.29 | 25:14.46 |
| 12 | 112 | Kit NEILL | 18:04.90 | 57:26.28 | 37:09.89 | 1:52:41.07 | 27:01.24 |
| 13 | 106 | Andrew STYLES | 18:33.97 | 1:03:39.76 | 34:03.11 | 1:56:16.84 | 30:37.01 |
| 14 | 116 | Tom WELLS-COLE | 18:44.31 | 1:22:03.65 | 39:55.75 | 2:20:43.72 | 55:03.89 |
| 15 | 103 | Clive BROOME | 16:51.86 | 1:12:32.85 | 53:30.16 | 2:22:54.87 | 57:15.04 |